

- EST. 1840 -



CLIFTON ARMS HOTEL



RESIDENTS BREAKFAST MENU

Monday to Friday 7am - 10.30am

Saturday & Sunday 8am - 10.30am

EST. 1840



CLIFTON ARMS
HOTEL

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Cold from the Buffet

The Bakery

Coissant au beurre, pain au chocolat,
Danish pastry, toasted Bloomer,
banana bread

Bircher Muesli (vg)

Assorted Cereals

Yogurts

Ann Forshaw's Natural Greek
Yoghurt & Fruit Compote

Smoothies, Juices & Hot Beverages

Lytham Greens

Kale, spinach, cucumber, celery, apple

Healthy Breakfast Smoothie

Natural yoghurt, milk, banana,
mixed berries, oats & honey

Chocamocha Smoothie

Raw cocoa, milk, banana, espresso,
honey & cayenne pepper

Fresh Juices

Orange, apple, cranberry,
grapefruit, tomato

**Coffee, English breakfast tea,
herbal & fruit teas, hot chocolate**

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Hot from the Kitchen

The Clifton Arms Lancashire Breakfast

Pork sausage, dry cured bacon,
mushrooms, tomato, black pudding,
hash brown, baked beans

Smoked Scottish Salmon & Scrambled Eggs

Porridge
with bananas, honey
or Drambuie berries

Smashed Avocado & Tomatoes

With feta cheese, poached hens egg,
crispy pancetta & sourdough toast (v)

Baked Beans on Sourdough

Topped with Parmesan (v)

Garden Breakfast

Poached egg, halloumi, grilled plum
tomato, smashed avocado, hollandaise,
charred red peppers (v)

Omelettes

Mrs Kirkhams Lancashire cheese
& honey roast ham or Greek style with
spinach, feta & cherry tomatoes

Eggs Benedict

Honey & mustard roast ham,
poached egg, English muffin,
hollandaise sauce

Pancakes

with maple syrup, bacon or berries

Bacon Waffles,

with maple syrup & crisp pancetta

Food Allergies: If you would like any information on allergens contained within any of our menu items,
please speak to a member of the team who will be able to assist you.

(v) - vegetarian, (ve) - vegan, (veo) - vegan option, (gfo) - gluten free option, (n) - nuts

